

Wawa Menu Allergens	Celery	Cereals containing Gluten	Crustaceacea	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanut	Sesame Seeds	Soya	Sulphur Dioxide
<b>Sashimi, raw seafood slice</b>														
Salmon					X Salmon				X Wasabi					
Sea Bass					X Seabass				X Wasabi					
Tuna					X Tuna				X Wasabi					
Unagi (eel)		X Wheat			X Eel				X Wasabi	X Avocado			X Soya Sauce	
<b>House Sashimi</b>														
Seabass with yuzu sauce					X Seabass								X Soya Sauce	
Salmon with wasabi sauce & lotus crisps					X Salmon				X Wasabi				X Soya Sauce	
Tuna with ginger & daikon sauce		X Wheat			X Tuna								X Soya Sauce	
Beef Tataki with garlic ponzu		X Wheat											X Soya Sauce	
Oyster(1) with ponzu sauce		X Wheat	X Oyster	X Tartar Sauce										
<b>Maki</b>														
Unagi		X Soya			X Eel								X Soya Sauce	
Cucumber														
Avocado										X Avocado				
Asparagus														
Salmon					X Salmon									
Tuna					X Tuna									
<b>Inside Out Maki</b>														
Crunchy Salmon		X Soya Sauce, X Tempura		X Tempura	X Salmon		X Tempura							
Salmon & Avocado					X Salmon					X Avocado		X Sesame Seeds		
Seared Angus & Sun Dried Tomatoes										X Avocado				
California Roll			X Crab	X Mayo	X Fish eggs					X Avocado				
Tempura Prawn		X Tempura	X Prawn	X Tempura			X Tempura					X Sesame Seeds		
Spicy Tuna					X Tuna					X Avocado				
Aubergine Maki with Sun Dried Tomatoes, Cucumber & Avocado										X Avocado			X Miso dressing	
Unagi & Shiso		X Soya			X Eel								X Soya Sauce	
Rainbow Roll, salmon topped with tuna, prawn & sea bass			X Prawn		X Salmon, X Tuna, X Seabass									
Tiger Roll, tempura prawn with spicy salmon		X tempura	X Prawn		X Salmon,								X Soya Sauce	
Wawa Langustine Roll with ikura (salmon roe)		X tempura	X langoustine							X Avocado				
Duck Roll, with balsamic teriyaki sauce													X Soya Sauce	
<b>Wawa Menu Allergens</b>	<b>Celery</b>	<b>Cereals containing Gluten</b>	<b>Crustaceacea</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanut</b>	<b>Sesame Seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
<b>Handrolls (Temaki), nori seaweed cones</b>														
Crunchy Salmon		X Soya Sauce, X Tempura		X Tempura	X Salmon		X Tempura							
Salmon & Avocado					X Salmon					X Avocado		X Sesame Seeds		
California Roll			X Crab							X Avocado				
Tempura Prawn		X Tempura	X Prawn	X Tempura			X Tempura					X Sesame Seeds		
Spicy Tuna					X Tuna					X Avocado				
<b>Jumbo Maki (5)</b>														
Melting Salmon		X Tempura		X Tempura	X Salmon		X Tempura			X Avocado				
Soft Shell Crab		X Tempura	X Crab	X Tempura			X Tempura							
Double Crab Roll, tempura crab, fresh crab & golden roe		X Tempura	X Crab	X Tempura, Mayo	X Fish eggs		X Tempura							
Spicy Salmon		X Tempura		X Tempura	X Salmon		X Tempura							
Seasonal Vegetable (e.g. avocado, beetroot, squash) Tempura		X Tempura		X Tempura			X Tempura			X Avocado				
<b>Wawa Menu Allergens</b>	<b>Celery</b>	<b>Cereals containing Gluten</b>	<b>Crustaceacea</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanut</b>	<b>Sesame Seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
<b>Nigiri(2)</b>														
Salmon					X Salmon									
Prawn			X Prawn											
Sea Bass					X Sea Bass									
Tuna					X Tuna									
Ikura Gunkan					X Salmon Eggs									
Unagi					x unagi								x soy sauce	
Seared Angus									X Mustard					
<b>Wawa Menu Allergens</b>	<b>Celery</b>	<b>Cereals containing Gluten</b>	<b>Crustaceacea</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanut</b>	<b>Sesame Seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
<b>Tempura, a light golden batter</b>														
Prawn Tempura (5)	X Tempura	X Tempura	X Prawn	X Tempura			X Tempura							
Vegetable Tempura	X Tempura	X Tempura		X Tempura			X Tempura							
Soft Shell Crab Tempura	X Tempura	X Tempura	X Crab	X Tempura			X Tempura							
Agedashi Tofu	X Tempura	X Tempura					X Tempura							
Scallop & Shiso	X Tempura	X Tempura	X Scallop	X Tempura			X Tempura							
Oyster (5) in panko with tartar sauce		x bread		x tartar				X Oyster						
<b>Edamame, Miso &amp; Pickles</b>														
Edamame, soybeans in the pod flash blanched and salted														
Spicy Edamame, soybeans in the pod with a spicy coating														
Miso Soup, with tofu, wakame seaweed and spring onions													X Tofu	
Pickles		X Soya										X Sesame Seeds	X Soya	X Dressing

