Wawa Menu Allergens	Celery	Cereals containing Gluten	Crustaceceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sashimi, *raw seafood slice*														
Salmon					X Salmon				X Wasabi					
Sea Bass					X Seabass				X Wasabi					
Tuna					X Tuna				X Wasabi					
Unagi (eel)		X Wheat			X Eel				X Wasabi	X Avocado			X Soya Sauce	
House Sashimi														
Seabass *with yuzu sauce*					X Seabass								X Soya Sauce	
Salmon with wasabi sauce & lotus crisps					X Salmon				X Wasabi					
Tuna *with ginger & daikon sauce*		X Wheat			X Tuna								X Soya Sauce	
Beef Tataki with garlic ponzu		X Wheat											X Soya Sauce	
Oyster(1) with ponzu sauce		X Wheat	X Oyster	X Tartar Sauce										
Maki														
Unagi		X Soya			X Eel								X Soya Sauce	
Cucumber														
Avocado										X Avocado				
Asparagus														
Salmon					X Salmon									
Tuna					X Tuna									
Inside Out Maki														
Crunchy Salmon		X Soya Sauce, X Tempura		X Tempura	X Salmon		X Tempura							
Salmon & Avocado					X Salmon					X Avocado		X Sesame Seeds		
Seared Angus & Sun Dried Tomatoes										X Avocado				
California Roll			X Crab	X Mayo	x Fish eggs					X Avocado				
Tempura Prawn		X Tempura	X Prawn	X Tempura			X Tempura							
Spicy Tuna					X Tuna					X Avocado				
Aubergine Maki with Sun Dried Tomatoes, Cucumber & Avocado										X Avocado			X Miso dressing	
Unagi & Shiso		X Soya			X Eel								X Soya Sauce	
Rainbow Roll, *salmon topped with tuna, prawn & sea bass*			X Prawn		X Salmon, X Tuna, X Seabass									
Tiger Roll, *tempura prawn with spicy salmon*		X tempura	X Prawn		X Salmon,								X Soya Sauce	
Wawa Langustine Roll *with ikura (salmon roe)*		X tempura	X langoustine							X Avocado				
Duck Roll, with balsamic teriyaki sauce													X Soya Sauce	
Wawa Menu Allergens	**Celery**	**Cereals containing Gluten**	**Crustaceceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame Seeds**	**Soya**	**Sulphur Dioxide**
Handrolls (Temaki), *nori seaweed cones*														
Crunchy Salmon		X Soya Sauce, X Tempura		X Tempura	X Salmon		X Tempura							
Salmon & Avocado					X Salmon					X Avocado		X Sesame Seeds		
California Roll			X Crab							X Avocado				
Tempura Prawn		X Tempura	X Prawn	X Tempura			X Tempura							
Spicy Tuna					X Tuna					X Avocado				
Jumbo Maki (5)														
Melting Salmon		X Tempura		X Tempura	X Salmon		X Tempura			X Avocado				
Soft Shell Crab		X Tempura	X Crab	X Tempura			X Tempura							
Double Crab Roll, *tempura crab, fresh crab & golden roe*		X Tempura	X Crab	X Tempura, Mayo	x Fish eggs		X Tempura							
Spicy Salmon		X Tempura		X Tempura	X Salmon		X Tempura							
Seasonal Vegetable (e.g. avocado, beetroot, squash) Tempura		X Tempura		X Tempura			X Tempura			X Avocado				
Wawa Menu Allergens	**Celery**	**Cereals containing Gluten**	**Crustaceceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame Seeds**	**Soya**	**Sulphur Dioxide**
Nigiri(2)														
Salmon					X Salmon									
Prawn			X Prawn											
Sea Bass					X Sea Bass									
Tuna					X Tuna									
Ikura Gunkan					X Salmon Eggs									
Unagi					x unagi								x soy sauce	
Seared Angus									X Mustard					
Wawa Menu Allergens	**Celery**	**Cereals containing Gluten**	**Crustaceceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame Seeds**	**Soya**	**Sulphur Dioxide**
Tempura, *a light golden batter*														
Prawn Tempura (5)	X Tempura	X Tempura	X Prawn	X Tempura			X Tempura							
Vegetable Tempura	X Tempura	X Tempura		X Tempura			X Tempura							
Soft Shell Crab Tempura	X Tempura	X Tempura	X Crab	X Tempura			X Tempura							
Agedashi Tofu	X Tempura	X Tempura					X Tempura							
Scallop & Shiso	X Tempura	X Tempura	X Scallop	X Tempura			X Tempura							
Oyster (5) in panko with tartar sauce		x bread		x tartar				X Oyster						
Edamame, Miso & Pickles														

Edamame, *soyabeans in the pod flash blanched and salted*														
Spicy Edamame, *soyabeans in the pod with a spicy coating*														
Miso Soup, *with tofu, wakame seaweed and spring onions*													X Tofu	
Pickles		X Soya											X Soya	X Dressing
Yakitori, *skewered items*														
Skewered Chicken (2)		X Soya - Teriyaki										X Sesame Seeds	X Soya - Teriyaki	
Skewered Prawns (2)		X Soya - Teriyaki	X Prawn									X Sesame Seeds	X Soya - Teriyaki	
Seasonal Vegetable (2)		X Soya - Teriyaki										X Sesame Seeds	X Soya - Teriyaki	
Kushi Yaki Set (3)		X Soya - Teriyaki	X Prawn									X Sesame Seeds	X Soya - Teriyaki	
Gyoza (4), *dumplings*														
Chicken		X Wheat dumpling skins												
Vegetable		X Wheat dumpling skins												
Wawa Menu Allergens	**Celery**	**Cereals containing Gluten**	**Crustaceceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame Seeds**	**Soya**	**Sulphur Dioxide**
Mains														
Katsu Burger, *crispy angus beef with wasabi & mayo*		X wheat Bun, Panko,X Tonkatsu Sauce		X Batter					X Wasabi			X Sesame Seeds	X Tonkatsu Sauce	
Ramen Katsu Burger, *panko angus beef between ramen nests*		X Ramen, Panko,X Tonkatsu Sauce		X Batter					X Wasabi			X Sesame Seeds	X Tonkatsu Sauce	
Katsu Chicken Burger, wasabi & mayo		X wheat Bun, Panko,X Tonkatsu Sauce		X Batter					X Wasabi			X Sesame Seeds	X Tonkatsu Sauce	
Grilled Aubergine in Miso, *with a ramen nest*		X Ramen												
Chicken Katsu Curry, *served with or without rice*		X wheat , Panko, curry sauce		x			Milk trace							
Vegetable Katsu Curry, *served with or without rice*		X wheat , Panko, curry sauce		x			Milk trace							
Salmon Teriyaki, *salmon with a sweet soy dressing*		X Soya - Teriyaki											X Soya - Teriyaki	
Tempura Sea Bass, *with vegetable chips*		X Tempura		X Tempura	X Seabass		X Tempura		X Wasabi					
Grilled Sea Bass in Miso					X Seabass								x soya	
Ramen Soup Noodle														
Miso Ramen		X Ramen		x ramen								x soup	x soup	
Miso Char Siu Pork Ramen		X Ramen		x ramen								x soup	X Pork soup	
Chilli Beef Ramen		X Ramen		x ramen								x soup	x soup	
Miso Vegetarian Tempura Ramen		X Ramen, Tempura		x ramen								x soup	x soup	
Chicken teriyaki Ramen												x soup	x soup	
Wawa Menu Allergens	**Celery**	**Cereals containing Gluten**	**Crustaceceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame Seeds**	**Soya**	**Sulphur Dioxide**
Salads														
Wawa House Salad *seasonal green leaves with a soy dressing*		X Dressing											X Dressing	
Cucumber & Wakame (seaweed), *served with a vinaigrette dressing*														
Chuka Wakame (seaweed), *served with a sesame dressing*		X Dressing										X Dressing	X Dressing	
Chasu Pork Salad		X Dressing											X Dressing	
Duck Balsamic Teriyaki Salad		X Dressing											X Dressing	
Spinach in Goma		x wheat in soy sauce										x sesme	x soy sauce	
Sides														
Japanese Rice												X Sesame Seeds		
Baked vegetable chips				X Mayo					X Mayo					
Desert, *made in house*														
Japanese Cheesecake, baked with a fruit topping		X Wheat		X Cake			X Cake							
Chocolate Cake		X Wheat		X Cake			X Cake							
Panko Green Tea Ice Cream		X Panko, X Batter		X Batter			X Ice Cream							
Green Tea Ice Cream							X Ice Cream							
Wawa Menu Allergens	**Celery**	**Cereals containing Gluten**	**Crustaceceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame Seeds**	**Soya**	**Sulphur Dioxide**
Condiments														
Soy Sauce		x wheat											x soybeans	
Wasabi									x wasabi					
Pickled Sushi Ginger														
Wasabi Mayo							x mayo		x wasabi					
Tonkatsu													x soy	
Tamari													x soybeans	